



IPL Prep & Post Care

IPL is a non-invasive light based technology used to permanently reduce unwanted hair and improve many skin conditions. Such conditions as age spots, sun spots, freckles, superficial capillaries and other unsightly discolouration of the skin can be eliminated using this technology.

IPL is also incredibly effective for those of us who have Rosacea, Acne, Fine Lines, Wrinkles and Pigmentation and can even stimulate fibroblast causing increased collagen production in your skin for a more natural, lively, healthier looking you!

Our fully trained therapists at Breathe Skin Body Mind will apply a specially designed hand piece to your skin and generate an intense pulse of light which will be absorbed by targets in your skin. The light delivered from the hand piece is delivered at high intensity during a very short period of time. It is this rapid discharge of light that provides the high energy levels required for each IPL treatment to be effective!

A compulsory test patch must be performed prior to having this treatment. Avoid unprotected sun exposure for 4 weeks prior to treatment. The skin must be free from spray tan or tanning creams.

If treating an area covered in hair, the hair must be shaved 12 – 24hrs prior to coming for your treatment. Use of a SPF50 sunscreen is essential to minimize the risk of re-pigmentation.

Reminder to not pick or remove the pigment lesions as you may cause scarring or post-inflammatory hyper-pigmentation. Let the skin shed on it's own.

We recommended getting a skin check prior to this treatment being performed or have had one within the last 3 months. Australia has the highest rate of skin cancers and your safety is our priority so make sure it is one for yourself as well.